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PATENTS

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

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Applicant : Brian M. Dugan  
Serial No. : 09/702,179  
Filed : October 30, 2000  
For : METHODS AND APPARATUS FOR MONITORING  
AND ENCOURAGING HEALTH AND FITNESS  
Examiner : Glenn E. Richman  
Group Art Unit : 3764

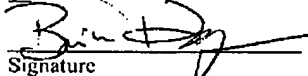
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

REQUEST FOR EXTENSION OF TIME  
PURSUANT TO 37 CFR § 1.17 (a)(3)

Sir:

The Applicant respectfully requests a three-month extension of time in which to respond to the Examiner's Office Action mailed September 29, 2003, in which a three-month period for response was set to expire on December 29, 2003. After granting the request for a three-month extension of time, the response period will expire on March 29, 2004.

Certificate of Mailing/Transmission (37 C.F.R. Section 1.8(a))  
I hereby certify that, on the date shown below, this correspondence is being:  
☒ transmitted by facsimile to the Patent and Trademark Office

 March 29, 2004  
Signature Date

Brian M. Dugan  
(name of person certifying)